# What School Counseling Programs Teach

### **ACADEMIC DEVELOPMENT**



- Effective learning in school & across the life span
- Academic preparation for post-secondary options
- Relationship of academics, work, family & community life

### **CAREER DEVELOPMENT**



- Investigate the world of work to make informed decisions
- Strategies to achieve future career goals
- Relationship of personal qualities, education, training & work

## PERSONAL & SOCIAL DEVELOPMENT



- Interpersonal skills to respect self & others
- Decision making, setting goals & taking action to achieve goals
- Understanding everyday safety & survival skills

### **Contact Information**

#### LOCALLY

#### **STATEWIDE**

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Printed in Phoenix, AZ by the Arizona Department of Education. Copies: 250, Total Cost: \$153.93, Unit Cost: \$61, Date: 9/09

> We want to acknowledge Nebraska Department of Education for sharing their brochure ideas with us.

#### **NATIONAL**

ASCA National Model for School Counseling Programs American School Counselor Association www.schoolcounselor.org

# Arizona School 2012-13 Counseling Programs

# Academic





# Career

Personal & Social



#### School Counselors are Partners in Student Achievement

**Endorsed by the:** 

Arizona Department of Education Arizona School Counselor Association American School Counselor Association



# Who are Professional School Counselors?

Professionals with...

- Masters Degree in School Counseling/Related Field
- ➤ Arizona K-12 School Counseling Certificate
- > Experience in Teaching Environment

# What Do Professional School Counselors Do?

- Direct Comprehensive School Counseling as defined by the Arizona Model for Counseling
- Direct Comprehensive School Counseling as defined by American School Counselor Association National Model
- ➤ Teach, monitor and plan interventions for increased achievement of all students K-12
- Provide leadership to accomplish the district's mission and school improvement plans
- > Report and interpret student results in achievement, attendance and behavior

# How School Counseling Programs are Delivered

#### <u>Curriculum</u>

Lessons designed for achievement of knowledge & skills in career, academic, personal & social development

- K-12 Classroom Instruction
- Standards-Based Lessons
- Interdisciplinary Curriculum
- Small & Large Group Activities
- Family Workshops

#### **Individual Student Planning**

#### **Individual Career & Education Planning**

- Career Counseling & Curriculum
- Education & Career Assessment
- Career/Occupation Information
- Financial Aid Information
- Labor Market Information
- Work-Based Learning Opportunities
- Seamless Transition to Post Secondary Options

#### **Responsive Services**

A plan that meets the immediate needs of students

- Individual & Small Group Counseling
- Crisis Counseling/Response
- Consultation
- Referrals for Students & Families
- Peer Facilitation

#### **System Support**

Activities that establish, maintain & enhance the total school counseling program

- Professional Development
- Consultation, Collaboration & Teaming
- School Improvement Involvement
- Data Gathering & Interpretation
- Family Involvement
- Community Outreach